



MEN & WOMEN WORKING TOGETHER TO
END DOMESTIC VIOLENCE

Working with Young People – Making a Difference

Tuesday 19th September 2017 | 10:30-16:30

Amnesty International, 25 New Inn Yard, Shoreditch, London EC2A 3EA

TIME	TOPIC
10:30	<i>Neil Blacklock Development Director, Respect</i> Chair's Introduction
10:45	<i>Dr Mair Richards (Adoptive Parent) & June Leat Members of The POTATO (Parents of Traumatized Adopted Teens) Group</i> Child to Parent Violence in adoptive families
11:05	<i>Zach Gomm & Denise Golding Certified Great Behaviour Breakdown Instructors</i> Supporting parents to therapeutically respond to troubled young people
11:45	Break
12:00	WORKSHOP 1
	<i>Dermot Dooley, Connected Dads Worker Barnardo's Threads Project</i> Connected Dads – Work with young fathers who are using abusive behaviour
	<i>Jo Sharpen Policy Manager, AVA</i> Trauma informed approaches to working with young people
	<i>YUVA Project, DVIP</i> Supporting parents experiencing child to parent violence (CPV) – what works?
1:15	Lunch
14:15	<i>Neil Blacklock Development Director, Respect</i> Introductions to part II of day
14:25	<i>Doireann Larkin Development Manager, Tender</i> Effective Prevention Programmes: Arts-based approaches to reducing vulnerability to relationship abuse
14:55	<i>Victoria Cousins Senior Programme and Development Manager, Safer London</i> Addressing peer on peer abuse in group work with young people
15:15	Break
15:30	WORKSHOP 2
	<i>Victoria Cousins Senior Programme and Development Manager, Safer London</i> Addressing Peer on Peer Abuse With Groups of Young People: What works, research, practice, challenges and evidence
	<i>Michelle Shapiro Clinical Psychologist and Independent Non-Violent Resistance Trainer</i> An introduction to the NVR (non-violent resistance) parenting approach – an approach increasingly gaining a solid position in the management of child to parent/carer violence
16:30	End



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Speaker Biographies

Neil Blacklock | *Development director, Respect*

Neil was the founder of the London Domestic Violence Intervention Project (DVIP) in 1989. DVIP developed a model of integrated working between services working with those who perpetrate intimate partner violence and their partners and ex-partners that was widely replicated across the UK.

In 2006 Neil moved to Respect, the UK organisation leading on work with perpetrators of domestic violence to develop the National Service Standard for organisations working with men using intimate partner violence. Since 2009 he has been Respect's Development Director and leads on accreditation and new services including:

- An individual work programme for perpetrators of domestic violence
- Risk assessment, domestic violence and child contact
- Respect Young People's Work
- The Drive Partnership with SafeLives and Social Finance

Neil is Chair of the European network for work with perpetrators of domestic violence (www.wvp-en.eu) and has chaired and authored Domestic Homicide Reviews.

He recently co-authored with Dr Ruth Phillips, *Reshaping the Child Protection Response to Domestic Violence Through Collaborative Working*, in *Domestic Violence and Child Protection* (2015) Edit by Nicky Stanley and Cathy Humphreys pub Jessica Kingsley.

Dr Mair Richards | *Adoptive Parent & Member of POTATO Group*

Dr Mair Richards worked as a Consultant Paediatrician between 1989 and 2013; from 2005 to 2013 this was in the role of Medical Adviser for Adoption and Fostering.

Mair has been an adoptive parent since 1995, when she adopted a 7y old girl, and several years later an unrelated 4y old boy.

It was as an adoptive parent (not as a paediatrician) that she developed her knowledge of the neurobiology of developmental trauma and of attachment disorder. However this was underpinned by studying neuro-anatomy as a medical student and by spending part of her working life in developmental paediatrics and neurodisability.

Peer support has always been important to Mair, from 1995 as a member of Adoption UK and from 2013 as a founder member of The Potato Group, Parents of Traumatized Adopted Teens Organisation.

Both Mair's children have shown challenging behaviour including anger and violence directed at her. With services having little awareness of Child to Parent Violence, Mair felt her parenting was always 'blamed'. Adoptive children may have complex histories and many risk factors for Child to Parent Violence (CPV), especially against mothers. Their non-neurotypical responses also make them a challenging group to help and support. It is important that services to address CPV can become adoption aware and develop bespoke programs for this client group including those who are being parented from a distance.



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Denise Golding / *Certified Great Behaviour Breakdown Instructor*

Denise Golding is a senior social work practitioner and counsellor. She has 30 years' experience of working with children and families, including the past 20 years working in adoption. Denise is a certified instructor in Bryan Post's model, 'The Great Behaviour Breakdown' (GBB), which is an innovative parent training for adopters, foster carers and any parents of children with challenging behaviour. She is also trained in DDP Levels 1 & 2 (with Dan Hughes), Theraplay Level 1, Mindfulness and Systems Family Therapy Level 1. Denise has a post-graduate diploma in the Therapeutic application of the Arts and in Psychosynthesis counselling, as well as a diploma in Psychotherapy skills with children and adolescents. Denise experience of dealing with a wide range of challenging behaviour including Children and Young People affected by Attachment Disruption and Trauma in Adoption and Fostering as well as ASD/ADHD and Mental Health difficulties. She has worked in Child Mental Health and in Statutory as well as Independent and Voluntary Agencies. Denise strongly advocates that the 'love-based' parenting approach is the most successful approach for parenting children with challenging behaviour albeit, environmental or genetic. Denise works independently as a counsellor with adults as well as young people and their families and offers free-lance training as well as parent-child therapy on a private and contractual basis through Local Authorities in the UK.

Victoria Cousins / *Senior Programme and Development Manager, Safer London*

Victoria Cousins is the Senior Programme and Development Manager at Safer London, responsible for the development and fundraising for programmes as well as relationship and stakeholder management. Vic is a specialist in working to address Violence Against Women and Girls and has been central to the development of the Empower programme, a programme working across 13 London Boroughs to support young women affected by Child Sexual Exploitation. Empower draws on theories of child development and the impact of adolescent and childhood trauma to provide a service that meets the needs of marginalised and excluded young women, their families and communities. Gender responsive, the programme addresses complex need and supports participants to achieve their own outcomes. Vic has overseen the development and delivery of Safer London contextual safeguarding programme working with young people in retail spaces. Building on this programme, the needs of young women, and an understanding of peer on peer abuse Safer London has developed a Harmful Sexual Behaviour (HSB) Programme. Initially working with groups of young men in school settings and now into a standalone project that works 1:1 and in groups with young men who present with concerning attitudes and values and those we are concerned about perpetrating HSB.

Before joining Safer London, Vic worked in the Metropolitan Police.

Doireann Larkin | *Development Manager, Tender*

Doireann Larkin is Development Manager at Tender Education & Arts developing domestic abuse prevention programmes for young people. Doireann is also an Associate Lecturer on Goldsmiths University's MA in Understanding Domestic Violence and Sexual Abuse specialising in adolescents as victims and perpetrators of abuse. She sits on the board of Mosac who support the non-abusing parents and carers of sexually abused children.



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Workshops

Dermot Dooley, Connected Dads Worker | Barnardo's Threads Project

Connected Dads – Work with young fathers who are using abusive behaviour

Two years ago, Respect and Barnardo's co- wrote a perpetrator programme to address gender based violence and behaviours of young fathers under 26 years old. The workshop will explore why this was done specifically for this target group, any impact measures, and challenges experienced around implementation and referrals.

Jo Sharpen | Policy Manager, AVA

Trauma informed approaches to working with young people

This workshop frames domestic abuse as a form of trauma and how this can affect neuro-development. We will explore trauma informed ways of understanding young people's behaviour and how to work with them in an informed and supportive way.

YUVA Project, DVIP

Supporting parents experiencing child to parent violence (CPV) – what works?

The workshop will aim to address the following issues;

- The challenges of supporting parents experiencing CPV
- Services around the family – what attitudes have participants noticed in response to CPV
- Our experience of delivering Eddie Gallagher's "Who's in Charge?" Groupwork programme for parents experiencing CPV
- Useful messages to give to parents experiencing CPV

Michelle Shapiro | Clinical Psychologist and Independent Non-Violent Resistance Trainer

An introduction to the NVR (non-violent resistance) parenting approach – an approach increasingly gaining a solid position in the management of child to parent/carer violence

NVR is a parenting approach aligned with the political positioning of most, if not all, the great figures in history, such as Gandhi, Rosa Parks, Martin Luther-King and in his later years, Nelson Mandela. These people all recognised that a political situation or regime was unacceptable or problematic, and undertook to take an active, powerful but non-violent stand against these circumstances.

Prof. Haim Omer and his Doctoral Students integrated all the essential components of this positioning into an empowered, relational and highly effective parenting approach. Some of the fundamental principles of the NVR parenting approach include: prioritizing the relationship between the child and parent; raising the parents presence with the child; parents recognising their own contribution to any escalating conflict with the child, and addressing their part as a starting position; parents taking unconditional reconciliatory or relational acts towards the child; and recruiting and creating a solid support network for themselves and for the child/children.

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Direct quote from an NVR parent: 'NVR is fairly easy to understand, but is quite challenging to do!' NVR requires the most and the best of the parents – but the results are worth this challenge. The NVR approach does not expect parents to be empowered to implement this program but rather through the program guides and supports parents and carers to find their empowerment.