



# Respect Young People's Programme

## Information for Professionals

### Adolescent to Parent Abuse

Aggression or violence towards parents or other family members by children and young people is more common than most people realise. It's not often talked about because parents can feel embarrassed to admit it's happening. When family members are afraid of the teenager or when the teenager is using abusive behaviours regularly, support is available through the Respect programme.



Calderdale Domestic Abuse Strategic Board is a multi-agency partnership



# About the Respect Young People Programme (RYPP)

- Delivered by staff in the Council's FIT, YOT and Youth Service teams, it is a new way of working with the young people who are often already engaged with these services.
- For families where young people are aggressive towards people close to them - like their brothers, sisters, parents or carers. This includes behaviour like hitting, making threats, damaging things in the home and emotional abuse.
- Both parent and young person are seen as part of the solution. Support, insight, simple solutions and improvements to family relationship problems are provided.
- Most work is with boys and girls aged between 11 and 15, but those aged up to 17 can be supported if appropriate.
- All practitioners are trained specialists in the field.

## How does this fit with the PACT Programme?

PACT continues to work with boys aged 14 to 18 and their mothers/carers where the young person is abusive. A group for the boys and one for the mothers/carers run alongside one another for 12 weeks. For the last session, both come together to agree their PACT. Referrals to both Respect and PACT are made through Early Intervention Panels. The Panels decide which programme is appropriate for an individual.

## What Does RYPP Involve?

- It is delivered via weekly sessions lasting around three months. Some are with the family together, some are with the parent(s) alone and some with just the young person. We encourage both young people and parents to attend.
- The first stage helps the family to find out more and decide if they want to commit. It includes a meeting for both young people and their parent(s) together followed by a couple of meetings for the young person and the parent(s) separately.
- If all goes well there's a seven week programme for the young person alongside five sessions with the parent.

# How to Make a Referral

If the young person is not already known to the YOT, Youth Service or Family Intervention Team, referral should be made via Early Intervention Panel. A dedicated worker in the FIT team will support those referred via Early Intervention and not known to existing services.

Participation is voluntary and for all referrals consent is required from both the young person and the parent. The RYPP is open to young people, parents and carers where there is aggression or violence towards parents or carers in the home.

## Contact details for each panel are below:

### Upper Valley

#### Jeff Rafter

Early Intervention Service Manager (Upper Valley)

Tel: **01422 368279** Email: [eis.uppervalley@calderdale.gov.uk](mailto:eis.uppervalley@calderdale.gov.uk)

### Lower Valley

#### Parveen Akhtar

Early Intervention Service Manager (Lower Valley)

Tel: **01422 394094** Email: [eis.lowervalley@calderdale.gov.uk](mailto:eis.lowervalley@calderdale.gov.uk)

### Halifax Central

#### Michelle Attmere

Early Intervention Service Manager (Halifax Central)

Tel: **01422 392510** Email: [eis.halifaxcentral@calderdale.gov.uk](mailto:eis.halifaxcentral@calderdale.gov.uk)

### Halifax North and East

#### Carol Stone

Early Intervention Service Manager (Halifax North and East)

Tel: **01422 288272** Email: [eis.northandeast@calderdale.gov.uk](mailto:eis.northandeast@calderdale.gov.uk)

## Referral Form

For those referred to Early Intervention Panel, the referral form should be completed with as much detail as possible, this includes school attendance percentage, a completed Strength and Difficulties Questionnaire and the voice of the child. Parental signature **must** be on the referral form prior to it being sent to the relevant locality panel. Consent should also be sought from the young person. The form is available from

<http://earlyintervention.calderdale.gov.uk> or contact the ei mailbox.

**To discuss a referral or for further information about the programme please contact the FIT team on 01422 392819**

# Support Services

## Local Support Services

### Police

If someone is at immediate risk call the Police on 999  
Alternatively contact the Domestic Abuse Hub on 01422-337176

### MAST

If you are concerned about a child or young person at risk contact:  
Calderdale Multi-Agency Screening Team MAST on:  
Tel 01422 393336 or email: MAST@calderdale.gov.uk

### Staying Safe

Calderdale Staying Safe Tel. 01422 323339  
Support for adults and young people affected by domestic abuse.

### Choices - The West Yorkshire Domestic Abuse Perpetrator Service

Choices offers support to low and medium risk perpetrators ages 16 and over. Staff work with perpetrators to better understand the causes and impact of their behaviour and explore alternative strategies. Self referral and professional referral.  
Call 0113 2192417 to make an appointment.  
<http://www.cri.org.uk/content/west-yorkshire-domestic-abuse-perpetrator-service-choices>

### Calderdale Parents and Children Together (PACT)

PACT continues to work with boys aged 14 to 18 and their mothers/carers where the young person is abusive  
Tel: 01422 368279

## National Helplines

### 24hr National Domestic Violence helpline

[www.nationaldomesticviolencehelpline.org.uk](http://www.nationaldomesticviolencehelpline.org.uk)  
0808 2000 247

### Victim Support

[www.victimsupport.org.uk](http://www.victimsupport.org.uk)  
0808 1689111

### Women's Aid

[www.womensaid.org.uk](http://www.womensaid.org.uk)

### NSPCC

[www.nspcc.org.uk](http://www.nspcc.org.uk)  
NSPCC Helpline (for adults concerned about a child) 0808 800 5000  
Childline (help for children and young people)  
0800 1111

### Help For Victims

[www.helpforvictims.co.uk](http://www.helpforvictims.co.uk)

### Samaritans

[www.samaritans.org](http://www.samaritans.org)  
Tel. 116 123

### The Hideout

Information and advice for young people affected by domestic abuse  
[www.thehideout.org](http://www.thehideout.org)